



Easy Read Information
Produced by
Mencap Liverpool & Sefton

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Here's how we're taking action to help...

COVID-19

We know that the Coronavirus Outbreak can seem confusing. We also know it is important for us to look after each other to avoid feeling #isolated.

So, here's our plan of action to breakdown the information we are being given.

Over the next few days, our team will be contacting all our members to make sure everyone is well and understands COVID-19. Each member of staff will keep in touch with that person, for the foreseeable, to make sure everyone is getting the right support moving forward.

We will be posting regular updates and useful resources on our website so that important information on the Coronavirus is broken down and communicated clearly. Please join and share at,

<http://mencapliverpool.org.uk>

[https://facebook.com/mencapliverpool/...](https://facebook.com/mencapliverpool/)

<https://instagram.com/mencapliverpool/?hl=en...>

We are creating a Mindful space on our Facebook page. Rise to the challenge as we encourage you to share your days isolated or working from home with us at <https://www.facebook.com/mencapliverpool/> using the #togetherindoors hashtag

Finally, our team at Mencap Liverpool & Sefton want to support our members as much as we can! You can reach us anytime on contact@mencapliverpool.org.uk and in the meantime stay well, be kind and let's challenge isolation #togetherindoors

This information is produced for free. Please share it with anyone who might find it useful.

We are doing our best to make sure it is accurate and up-to-date.

Mencap Liverpool. Registered Office Address 9 Lydia Ann Street Liverpool L1 5PW.
Registered Charity Number 1004262. Company Limited by Guarantee 2146838 (England)

Please send any post to Mencap Liverpool & Sefton, 6-8 Mariners Road, Crosby, L23 6SX
For all our information about Corona Virus Outbreak, please visit: www.mencapliverpool.org.uk/covid19

