



# Little Noise Survey 2015

## Introduction

Mencap run a set of music concerts called Little Noise Sessions which help to raise awareness of issues affecting young people with a learning disability.

We know that many people with a learning disability love music, but don't ever get the chance to go to music concerts and see their favourite bands live.

To help change this we want to hear your thoughts by answering some questions in this survey.

This survey is to be filled in by people with a learning disability who are between 18 – 35 years old.

We will not show anyone outside of Mencap your answers unless we contact you first.

## What to do with the survey once you have filled it in

Once you have filled the survey in please send it with your answers and contact details filled in to the below address:

**Freddie Isbister**  
**PR Team**  
**Royal Mencap Society**  
**123 Golden Lane**  
**EC1Y 0RT**  
**London**

Your contact details will remain confidential.

**1. Do you have a learning disability?**

Yes

No – **If no skip to Question 20**

**2. Are you aged between 18-35 years old?**

Yes

No – **If no skip to Question 20**

**3. What are your favourite things you like doing in your spare time?  
Please choose up to 3 options:**

Watching television

Spending time with friends

Listening to music

Shopping

Reading

Eating out at restaurants

Days out

Going on the internet or emailing

Playing a sport or exercising

Going to pubs or clubs

Going to the cinema

**4. How many times did you listen to music last week?**

**Please choose 1 option:**

- None - I didn't listen to any music last week.
- On 1 day
- On 2 days
- On 3 to 5 days
- On 5 to 6 days
- Everyday

**5. How important is listening to music to you?**

**Please choose 1 option:**

- Very important  
(Music has a big effect on me and I love to listen to it whenever I can)
- Important  
(Music has a good effect on me and I try to listen to music when I have some free time)
- Not important or unimportant  
(It does not bother me how often I listen to music)
- Unimportant  
(Music has little effect on me and I do not go out of my way to listen to it)
- Not at all important  
(Music has no effect on me and I am not bothered about ever listening to it)

**6. Would you like to go to more music concerts or nightclubs in the evening than you do now?**

- Yes
- No

7. **Have you ever been to a music concert, gig or nightclub before?**

Yes

No – **If no skip to Question 10**

8. **How many gigs or music concerts or nightclubs have you been to in the last three months? Please choose 1 option:**

None

One

Two

Three to five

More than five

9. **When you have been to a club or a music concert have you ever:**

	<b>Never</b>	<b>Sometimes</b>	<b>Often</b>
Been afraid of staff at venues	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Been worried about asking staff for help	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Been told you can't enter because of your learning disability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Been bullied by members of the public	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**10. What would make it easier for you to go music concerts or nightclubs in the evening? Please choose all that are true for you:**

- Making booking tickets on a website easier to use
  - If staff at venues understood more about learning disability
  - Having support from care workers available after 9pm
  - Having more information about what the event will be like
  - If carers or supporters could come for free
  - Having more money to pay for tickets
  - None of these
  - Other reasons. Please explain here .....
- 

**11. How often do you feel like you don't have anyone to spend time with? Please choose 1 option:**

- Often
- Some of the time
- Hardly ever
- Never

**12. Think of what you did last Saturday. On that day, how many hours did you spend outside your home? Please choose 1 option:**

- Less than 1 hour
  - 2 - 4 hours
  - 4 - 6 hours
  - 6- 8 hours
  - More than 8 hours
-

**13. Would you like to..?**

- Spend more time outside your house
- Spend more time inside your house
- Neither, I am happy going out as much as I do at the moment

**14. Thinking about how much time you spend with your friends, which of the following do you think is true for you? Please choose 1 option:**

- I spend as much time as I want with the people I like
- I spend some time with the people I like, but not enough
- I don't spend much time with other people and feel alone and cut off from other people

**16. In the last 4 weeks, were there any times when you didn't go out because you were worried about something?**

- Yes
- No

**17. What were you worried about? Please choose all that are true for you:**

- Being bullied or people calling me names
  - Asking a member of the public for help
  - Getting lost
  - I'm not sure
  - Using public transport
  - Being laughed at
  - Something else? Please say .....
- .....

**18. Would you be interested in speaking to Mencap further about the issues in this survey?**

Yes

No

**19. Please share your contact details with us:**

Name

Address

Phone number

Email address

Name of Mencap Local Group or Service if applicable

**20. Mencap is interested to hear your thoughts on why people with a learning disability may struggle to have a full and active social life. We would like to hear your thoughts on why this is and how this could be improved. If you would like to, please share your thoughts with us here:**